



## Work, Energy & Power

### FORMULAS

$$W = Fd \quad P = \frac{W}{t} = \frac{Fd}{t} = F\bar{v} \quad PE = mgh \quad KE = \frac{1}{2}mv^2$$

$$1 \text{ hp} = 746 \text{ watts}$$

### CONSERVATION OF MECHANICAL ENERGY

In the absence of friction, air resistance or other dissipative forces, the total mechanical energy (PE + KE) of a system remains constant.

$$PE_i + KE_i = PE_f + KE_f$$

### WORK-ENERGY PRINCIPLE

The net work done on a body is equal to the change in KE or PE of the body.

$$\text{Work} = \Delta KE = \frac{1}{2}m(v_f^2 - v_i^2)$$

$$\text{Work} = \Delta PE = mg(h_f - h_i)$$

### KILOWATT-HOURS

If the power output of a machine is measured in kilowatts, and its time of operation is in hours, the product of power and time would give the work in kilowatt-hours (kWh).

*Example 1:* How much gravitational potential energy is stored in a 12-kg ball that has been lifted 1.5 m?

*Solution:*  $PE = mgh = (12 \text{ kg})(10 \text{ m/s}^2)(1.5 \text{ m}) = 180 \text{ J}$

*Example 2:* Find the kinetic energy of a 5-kg object moving with a speed of 4 m/s.

*Solution:*  $KE = \frac{1}{2}mv^2 = \frac{1}{2}(5 \text{ kg})(4 \text{ m/s}^2)^2 = 40 \text{ J}$

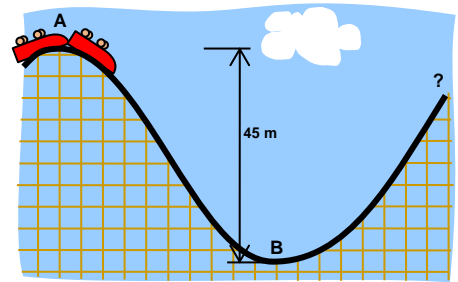
### EXERCISES

- What conditions must be met in order for work to be done?
- Using a force of 85 N, you push a trunk 7.5 m across the floor. How much work do you do?
- If you do 1450 J of work in carrying a load of books up a flight of stairs, covering a vertical distance of 15 m, what is the mass of the books?
- What is the mass of a baseball that has 120 J of kinetic energy when it is going 25 m/s?



- E. How much power is needed to pump 50.5 kg of water up a vertical distance of 12.5 m in 11.5 s?
- F. In how many seconds must an 85-kg man climb 6.0 m to his third floor apartment in order to expend power at a rate of 1 hp?
- G. How much work is required to accelerate a 1500-kg automobile from 10.0 m/s to 20.0 m/s?
- H. A stone having a mass of 5.0 kg is dropped from a height of 200 m. Calculate the PE and the KE of the stone:  
 1) at  $t = 0$     2) at  $t = 5.0$  s    3) when the stone strikes the ground
- I. A pendulum is pulled to one side and released from a point 12.5 cm above its equilibrium position. Find the speed of the bob as it passes through the equilibrium position.
- J. A plane airdrops a 91.5-kg anvil from a height of 0.535 km without a parachute. When it lands, it sinks into soft ground a distance of 2.75 m. What was the average retarding force of the ground? [*Hint: How fast was the anvil going when it collided with the ground?*]

- K. A frictionless roller coaster starts from rest atop a 45-m hill (point A).  
 1) Determine the velocity of the roller coaster at the bottom of this hill (point B).  
 2) After passing through point B, the roller coaster climbs a second hill. At what height above point B will its speed be halved?



- L. A student throws a 0.25-kg rock from the top of a 25-m building with a speed of 15.5 m/s. Find:  
 1) its kinetic energy when it lands                      2) its speed when it lands
- M. Convert the following:  
 1) 10.0 hp = \_\_\_\_\_ kW                      2) 37.3 kW = \_\_\_\_\_ hp
- N. At 5¢ per kWh, what does it cost to operate a 100-watt light bulb for 8 hours?

## SOLUTIONS

- A. Work is done when a force acts on a body and the body moves some distance.  
 B. 640 J    C. 9.7 kg    D. 0.38 kg    E. 549 W    F. 6.8 s    G.  $2.25 \times 10^5$  J  
 H. (1) PE =  $1.0 \times 10^4$  J, KE = 0 J    (2) PE =  $3.8 \times 10^3$  J, KE =  $6.3 \times 10^3$  J  
 (3) PE = 0 J, KE =  $1.0 \times 10^4$  J  
 I. 1.6 m/s    J.  $1.74 \times 10^5$  N    K. (1) 30 m/s    (2) 34 m    L. (1) 93 J    (2) 27 m/s  
 M. (1) 7.46 kW    (2) 50.0 hp    N. 4¢

